Running Start
For Class of 2021 & 2022
RUNNING START
Earn College Credit in High School!
You’re eligible if you are:

- Enrolled in a Washington State Public School.
- A high school Junior or Senior.
- Place into a college level English or Math.
College Level Placement During Closures

**Shoreline Community College:** Placement options are updated and available
- English placement option: If you have completed two years at a US high school with a 2.5 GPA, you can enroll in ENGL&101
- No Math placement required

**Cascadia College:** Accuplacer testing is available remotely ($17)

**Seattle Central College and South Seattle College**
- English Placement option: Directed Self-Placement or alternative options
- Math placement option: ALEKS test ($20)

**Edmonds College:** All juniors and seniors are eligible, no placement testing required

**Everett College's Ocean Research College Academy (ORCA) RS Associates Program:**
- Application deadline is extended to May 15. See placement options and information.
North Seattle College Placement During Closures

North is offering both Math and English placement assessments online. Follow these steps:

1. **Apply to North** to receive a student ID number
2. **Contact the testing office** (nsctesting@seattlecolleges.edu) to request placement access. The testing center will provide the student with further directions.
3. The tests cost $35 for both the English and math (students do not need to take both if they don’t want to).
   
   **Students eligible for free/reduced lunch**, contact Christina Sheehan (Christina.Sheehan@Seattlecolleges.edu) prior to testing to coordinate with the testing office to waive the testing fee.

Note: Due to closures, both online placement tools are different than the ones we’ve previously offered: The English tool is not an assessment, but rather a self-reflective tool. A student will need to place into college-level English to be eligible for the program (ENGL&101). The math test is course specific: students choose which course they hope to test into and take the appropriate test (MATH&107 – math in society, MATH&146 – statistics, MATH&141 – pre-calc). For all of these classes, students would likely have to demonstrate competency in Algebra 2 to place into the class. If the student passes the test for the class, they can choose to continue testing to see if they can be placed into a higher class.
## NSC Alternative Placement
*(See NSC RS application packet)*

<table>
<thead>
<tr>
<th>Smarter Balanced (SBAC)</th>
<th>SAT English Placement (English score valid 2 years, Math score valid 12 months)</th>
<th>ACT English or math placement (English score valid 2 years, Math score valid 12 months)</th>
<th>Unofficial Transcript from a college or university</th>
<th>SPS High School Transcript Only</th>
<th>Advanced Placement (AP) or International Baccalaureate (IB) Exam Scores</th>
</tr>
</thead>
<tbody>
<tr>
<td>Students typically take SBAC in 10th grade.</td>
<td>Standardized exam taken at high school or other location.</td>
<td>Standardized exam taken at high school or other location.</td>
<td>Student was awarded credit at a college or university for college-level English (within past 2 years) or Math (within past 12 months)</td>
<td>A student who has taken specific math courses at a Seattle Public School may be qualified to use their transcript to place into college-level math.</td>
<td>Student who has taken AP/IB exams in specific subjects.</td>
</tr>
</tbody>
</table>

**ELA – English Language Assessment:**
- **level 3 or higher**

**Math assessment:**
- **Level 3 or higher w/ applicable grades on HS transcript**

| | English& 101 Placement: | English& 101 Placement | Provide copy of unofficial transcript to determine English and/or math placement. | Provide copy of Seattle Public Schools unofficial transcript to determine math placement. | Provide copy of AP/IB exam scores. Scores must be evaluated by Running Start Office |
| | • Combined Reading/Writing score 510 or higher | • Reading score 19 or above AND English score 19 or above | | | |
| | Math: | | Math: | | |
| | • Minimum score 520 (Math& 107 only option based on SAT score) | | • Minimum score 22 | | |
Cost of Tests:

- Placement testing ranges from $0-35
- FEE WAIVERS available for students who qualify for free/reduced priced lunch. See college Running Start Office for details
How do I know if I am ready for Running Start?
- This is the start of your college career
  - You will be treated as a college student
  - College-level work
  - For every 5 credit class, there is an expectation that you study 2 hours per day
  - You must be responsible and timely

- You will earn high school and college credit
  - 5 college credit hours = 1.0 high school credit (1 hour = 0.2)
  - All credits earned at the college will be added to your high school transcript
• A’s, B’s, and C’s = good academic standing
  • D’s and E’s = academic probation
  • If you are placed on academic probation, you will have one quarter to improve your standing by earning A’s, B’s, and C’s

• Required course work FIRST: English 101, 102, US History A/B, American Government, other graduation course requirements
  • You may also take World Language, math, science, and elective courses
  • Once graduation requirements are met, you can work on college prerequisite courses and take interesting classes!

• YOU may take your 504/IEP to the college and ask for accommodations
Running Start Options

• **Part-time:** Students tend to either do math and science at NHHS and humanities at the college or vice versa. Meet all NHHS graduation requirements, including HAP. Participate in NHHS graduation.

• **Full-time:** Complete all NHHS graduation course requirements at the college. Work on college pre-requisites, depending on receiving 4-year college. Meet all NHHS graduation requirements, including HAP. Participate in NHHS graduation.

• **Full-time earning Associates degree:** Challenging. NOT completing requirements for HS diploma. NOT participating in NHHS graduation. Graduate high school “automatically” by state law by earning your Associates degree.
Sample Part Time Jr Schedule

<table>
<thead>
<tr>
<th>RS</th>
<th>Fall</th>
<th>Winter</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00-8:50</td>
<td>ENG 101</td>
<td>ENG 102</td>
<td>Elective</td>
</tr>
<tr>
<td>9:00-9:50</td>
<td>HIS 146</td>
<td>HIS 147</td>
<td>POL 202</td>
</tr>
</tbody>
</table>

Lunch

<table>
<thead>
<tr>
<th>NHHS</th>
<th>1st Semester</th>
<th>2nd Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>5th Period</td>
<td>Algebra 2A</td>
<td>Algebra 2B</td>
</tr>
<tr>
<td>6th Period</td>
<td>Chemistry A</td>
<td>Chemistry B</td>
</tr>
</tbody>
</table>
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<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00-8:50</td>
<td>MATH 141</td>
<td>MATH 142</td>
<td>MATH 151</td>
</tr>
<tr>
<td>9:00-9:50</td>
<td>German 121</td>
<td>German 122</td>
<td>CHEM 121</td>
</tr>
</tbody>
</table>

Lunch

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<th>NHHS</th>
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<tbody>
<tr>
<td>5th Period</td>
<td>AP English Language A</td>
<td>AP English Language B</td>
</tr>
<tr>
<td>6th Period</td>
<td>US History A</td>
<td>US History B</td>
</tr>
</tbody>
</table>
## Sample FT Junior Schedule

<table>
<thead>
<tr>
<th>RS</th>
<th>Fall</th>
<th>Winter</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00-8:50</td>
<td>ENG 101</td>
<td>ENG 102</td>
<td>Elective</td>
</tr>
<tr>
<td>9:00-9:50</td>
<td>HIS 146</td>
<td>HIS 147</td>
<td>POL 202</td>
</tr>
<tr>
<td>10:00-10:50</td>
<td>MATH 141</td>
<td>CHEM 121</td>
<td>Art</td>
</tr>
</tbody>
</table>

During senior year, you would have several options:

- Complete pre-requisites for your major, if your college will accept the credit.
- Return to Hale FT, and take rigorous classes, like AP Env Sci, Physics, Journalism, Computer Science, etc.
- Go to part time.
Important factors to consider

As you make decisions about Running Start please note:

- Each institution reserves the right to determine which credits/courses they will accept when it comes to Advanced Placement test results and Running Start courses.
- You will need to think ahead! Your long-term goals need to be factored into the decision of whether to pursue Running Start and in what capacity. Get feedback from 4-yr college admissions, Running Start advisor, school counselors, parents, peers, persons representing your future career interest and their recommended pathway.

Again, please check requirements and credit details of specific institutions of interest!!! Determine their view of RS, and the credits they will accept.
Special Covid-19 Considerations

• Please consider how you will respond if we learn that Fall 2020 college courses will only be offered online. Some colleges/universities have said that they will be online until 2021. Usually we do not recommend first time Running Start students to take online classes during their first quarter due to the adjustment that is required for high school students to the pace of college courses. Seattle colleges have said there is a possibility that they will remain live even if other colleges are online only.

• It is difficult to start Running Start mid-year or to re-enter high school mid-year. We recommend having the mindset of committing either way for the year, as our calendars differ.
For College Specific Information

• Go to the Running Start page on the web site of the college you would attend.

• You will find Frequently Asked Questions and other resources that will give you an idea of what to expect if you become a Running Start student.

• The college will be your primary source of information regarding Running Start once you become a Running Start student. Now is a great time to become familiar with the information available at the college.
Next Steps for Running Start

1. **Involve Your Parents/Guardians:** Talk to your family about how RS will affect your life as a student. Parents/Guardians must read and sign the [MOU form](#), and return to school counselor.

2. **Become Eligible:** Apply to your college of choice, take the necessary placement exams, and complete the Running Start application packet.

3. **Make a High School Plan:** Sign up for a Running Start High School Group/Individual Advisement Session. Email our counseling secretary.

4. **Make a College Plan:** Sign up for a Running Start Advisement Session at your college. This process will be different for each school.
Steps for Making a High School Plan

Submit the following to Lori Takahashi (latakahashi@seattleschools.org):

- Verification of placement eligibility from college
- Signed Parent Permission Form (MOU)
- Please let Ms. Takahashi know if you have technology limitations. We can mail you forms.

Next:

- Ms. Takahashi will then send you a copy of your transcript, a copy of your credit sheet, and a planning worksheet tool.
- Ms. Takahashi give you appointment time options and counselor who you (and parent/guardian optional) will meet with after you complete a survey.
School Counselor Contact Info

- Lori Takahashi, counseling secretary latakahashi@seattleschools.org
- Todd Caffey (A-G) trcaffey@seattleschools.org
- Serena Swanson (H-N) smswanson@seattleschools.org
- Jessica Kruse (O-Z) jlkruse@seattleschools.org (contact until May 4)
  - We are sending her well wishes in her new position at Lake Washington Tech! She will be with us until May 4.
- Kelly Creech (O-Z) klcreech@seattleschools.org (starting May 4)
  - We warmly welcome Kelly Creech to our team, coming to us from SPS Middle College.